

Classic Dishes

Dish Style	Mixed Vegetables	Chicken or Lamb	Chicken/ Lamb Tikka	Prawn	King Prawn
Curries Medium spice	£7.45	£8.95	£9.95	£9.95	£12.95
Madras Hot	£7.45	£8.95	£9.95	£9.95	£12.95
Vindaloo Very hot	£7.45	£8.95	£9.95	£9.95	£12.95
Korma Very mild, creamy with coconut	£7.45	£8.95	£9.95	£9.95	£12.95
Bhuna Medium spiced with diced onions in a thick sauce	£7.45	£8.95	£9.95	£9.95	£12.95
Dupiaza Medium spiced with sliced onions	£7.45	£8.95	£9.95	£9.95	£12.95
Rogan Bhuna style dish with a layer of spiced fried tomatoes	£7.45	£8.95	£9.95	£9.95	£12.95
Jalfrezi Hot dish with sliced onions, green peppers and green chillies	£7.45	£8.95	£9.95	£9.95	£12.95
Kashmir Mild sauce with fruits	£7.45	£8.95	£9.95	£9.95	£12.95
Sag Medium spiced with spinach and herbs	£7.45	£8.95	£9.95	£9.95	£12.95
Garlic Bhuna style dish with fresh herbs and extra garlic	£7.45	£8.95	£9.95	£9.95	£12.95
Bagun Medium spiced dish with aubergines	£7.45	£8.95	£9.95	£9.95	£12.95
Achari Medium spiced in a sweet and sour tamarind sauce	£7.45	£8.95	£9.95	£9.95	£12.95
Karanga Mildly spiced curry with sliced mangos	£7.45	£8.95	£9.95	£9.95	£12.95
Malaya Mildly spiced curry with pineapple	£7.45	£8.95	£9.95	£9.95	£12.95

Rice

Boiled Rice	£3.95	Vegetable Rice	£4.95
Pilau Rice	£3.95	Keema Rice <small>Minc'd lamb</small>	£4.95
Chilli Rice	£4.95	Mushroom Rice	£4.95
Coconut Rice	£4.95	Egg Rice	£4.95
Lemon Rice	£4.95	Kashmir Rice <small>Fruit</small>	£4.95

Side Dishes

Vegetable Curry Mixed vegetables in a medium curry	£4.95	Sag Ponir Spinach, cheese & cream	£4.95
Mushroom Bhaji Lightly spiced fried mushrooms	£4.95	Peas Ponir Peas, cheese & cream	£4.95
Gobi Bhaji Lightly spiced cauliflower	£4.95	Chana Massalla Spiced chickpeas	£4.95
Brinjal Bhaji Aubergine	£4.95	Sag Dall Spinach & lentils	£4.95
Aloo Gobi Cauliflower & potatoes	£4.95	Tarka Dall Lentils & fried garlic	£4.95
Bindi Bhaji Okra	£4.95	Dall Massalla Spiced lentils	£4.95
Bombay Aloo Potatoes	£4.95	Tiger Chilli Dall Lentils cooked with black chillies	£4.95
Sag Aloo Spinach & potatoes	£4.95	Mushroom Sag Mushrooms & spinach	£4.95
Sag Bhaji Spinach	£4.95	Sardine Bortha Lightly spiced fried sardines	£4.95
Dry Aloo Ponir Potatoes, cheese & cream	£4.95		

Sundries

Nan	£3.95	Paratha Fried bread	£4.45
Peshwari Nan	£4.45	Stuffed Paratha	£4.95
Keema Nan	£4.45	<small>Fried bread with vegetables</small>	
Garlic Nan	£4.45	Chapati	£2.95
Vegetable Nan	£4.45	Puri Deep <small>Fried chapati</small>	£2.95
Cheese Nan	£4.45	Papadums <small>Plain or spiced</small>	£0.95
Chilli Nan	£4.45	Chutney & Pickles	£0.95
Chilli & Garlic Nan	£4.45	Cucumber or Onion Raitha	£1.20
Cheese & Garlic Nan	£4.45	Chips	£3.45
Tandoori Roti	£2.95	Cheesy Chips	£3.95

Tuesday & Thursday Special

Four Course Set Meal (Dine in Only)

Any Starter | Any Main Course* (excluding Bengal Tiger Special)

Any Side Dish | Naan or Rice

£11.95 per person

Sunday Buffet

12:30pm – 10:00pm (Dine in Only)

Eat as much as you like from a wide selection of dishes* (excluding Bengal Tiger Special)

£11.95 per person

*£1 extra for king prawn dishes. Free delivery on orders over £15.
Management reserve the right to refuse service. Design & Print ZyxMedia: 07742232468

Bengal Tiger

RESTAURANT | TAKEAWAY

HALF PRICE
ALL TAKEAWAYS*

FREE HOME DELIVERY*

Orders & Reservations

01621 857703 | 01621 855766

Opening Hours

Tuesday - Thursday 5:30pm – 10:00pm
Friday & Saturday 5:30pm – 10:30pm | Sunday 12:00pm – 10:00pm
We are closed on Mondays

4 The Square, Heybridge, Maldon CM9 4LT
bengaltigerheybridge.com

Starter

Served with salad and mint sauce

Mixed Starter Chicken tikka, samosa, onion bhajee and prawn butterfly	£5.95	Onion Bhajee Sliced onions mixed with egg, gram flour and spices, then deep fried in vegetable ghee	£4.95
Chicken or Lamb Tikka Marinated chicken or lamb cooked in a clay oven	£4.95	Meat or Vegetable Samosa Crisp fried pastry, stuffed with fresh vegetables or minced lamb	£4.95
Honey Chicken Tikka Chicken marinated with spices and added honey then cooked in a clay oven	£4.95	Garlic Mushroom Delight Fresh button mushrooms cooked in garlic	£5.95
Salmon Tikka Marinated chunks of salmon cooked in a clay oven	£5.95	Malagatawny Soup Medium spiced lentil soup mixed with rice and a slice of lemon	£4.95
Mango Panir Tikka Chunks of clotted cheese marinated in spices and mango sauce	£5.95	Stuffed Pepper Delight Capsicum stuffed with spiced minced lamb	£5.95
Bengal Tikka Roll Chicken tikka wrapped in a chapati bread with salad and either mango chutney, chilli mayo or sweet chilli sauce	£5.95	Chicken & Cheese Lafafa Chicken, cheese and spinach marinated in herbs and then pan fried	£5.95
Sheek or Shami Kebab Minced lamb marinated with a blend of spices and herbs. Sheek kebab is cooked over a flame, shamee kebab is fried in ghee	£4.95	Chat Puri These appetizers are cooked in a spicy mint chat sauce and then served on flaky fried bread	
Reshmi Kebab Minced lamb marinated with spices and herbs wrapped in an omelette	£5.95	Chana (Chick Peas) Aloo (Potato)	£4.95
Achari Chicken Tikka Chicken tikka pieces with a drizzle of our very own tamarind sauce. Sweet and sour taste	£4.95	Chicken Fish Prawn King Prawn	£5.95 £6.95
Chicken Tikka Pakora Chicken tikka marinated with spices and herbs coated with batter and deep fried	£4.95		

Tandoori Specials

These dishes are marinated for 24 hours in our chef's own recipe of herbs, spices and yoghurt then cooked in a tandoori clay oven and served with salad

Tandoori Chicken (Half)	£9.95	Vegetable Paneer Sashlik Cottage cheese blended with tandoori spices cooked in tandoori clay oven with peppers, tomatoes & onions	£10.95
Chicken or Lamb Tikka	£9.95	Mixed Sashlick Chicken & lamb	£12.95
Chicken or Lamb Sashlik	£10.95	Tandoori Mixed Grill Pieces of chicken tikka, lamb tikka, sheek kebab and tandoori chicken	£12.95
Tandoori Lamb Chops	£12.95		
Salmon Tikka	£12.95		
Tandoori King Prawn	£12.95		
Tandoori King Prawn Sashlik	£14.95		

Bengal Tiger Specials

Bengal Crab Delight Crab cooked in our special gravy sauce with fresh garlic, onions, peppers and extra virgin olive oil	£14.95
Chicken or Lamb Shatkhora Medium spiced dish, cooked to a thick sauce with Bangladeshi citrus fruit garnished with fresh coriander	£14.95
Lamb Shank A classic dish with an Indian twist. Whole leg of lamb on the bone marinated in eleven different herbs and spices and served in a thick medium sauce	£16.95
Chicken or Lamb Aloo Garlic Chilli Chicken or lamb cooked with potatoes in a bhuna sauce with added garlic and chillies	£14.95
Tiger Tandoori Masala Half a tandoori chicken off the bone in a mild bhuna sauce	£14.95
Tiger Delhi Chicken Long slices of chicken tikka cooked in the chef's special thick gravy sauce	£14.95
Jalapino Jalfrezi Chicken or lamb cooked with sliced onions and peppers, green chillies and added jalapinos	£14.95
Chicken or Lamb Naga Chicken or Lamb cooked with the aromatic naga chilli native to Bangladesh. Very hot	£14.95
King Prawn Delight King prawns cooked in a rich, mild creamy sauce	£14.95
Bengal King Prawns King prawns cooked in a rich sauce and garnished with lemon, cucumber and tomatoes	£14.95
Chicken Chilli Tikka Biryani Chicken tikka biryani with added chillies. Served with vegetable curry and a paratha	£14.95

Old Favourites

Butter Chicken or Lamb Chicken tikka cooked in medium spices, then topped with a rich sweet creamy butter sauce	£11.95
Chicken or Lamb Tikka Masala Chicken or lamb tikka simmered in a rich, thick, creamy sauce made with coconut and almonds	£11.95
Tandoori King Prawn Masala Tandoori king prawns simmered in a rich, thick, creamy sauce made with coconut and almonds	£14.95
Mixed Vegetable Masala Mixed vegetables simmered in a rich, thick, creamy sauce made with coconut and almonds	£8.95
Chicken or Lamb Tikka Passanda Chicken or lamb tikka cooked with coconut, sultanas and almonds in a creamy yoghurt sauce	£11.95
Chicken or Lamb Tikka Rezala Chicken or lamb tikka cooked with minced lamb in a medium spiced sauce	£11.95
Chicken or Lamb Tikka Makhani Chicken or lamb tikka in a sweetened rich sauce with almonds, coconut, butter & cream	£11.95
Chicken Chilli Masala Chicken cooked in a bhuna sauce with added fresh green chillies	£11.95
Chicken or Lamb Tikka Dhansak Hot, sweet and sour dish with lentils. Served with pilau rice	£11.95
Chicken or Lamb Tikka Pathia Hot, sweet and sour dish. Served with pilau rice	£11.95

Chef's Specials

Murgh Masalam Chargrilled chicken with minced lamb and a poached egg in a medium spiced sauce	£12.95
Chicken Capsila Chicken cooked in a thick creamy sauce with cashew nuts and garnished with capsciums	£11.45
Manchurian Chicken Sliced chicken tikka cooked in the chef's very own sweet and sour sauce	£11.45
Modhu Chicken Chicken cooked in a mild sauce with ground almonds and raisins, then lavished with honey	£11.45
Chicken Mohaniwala Chicken tikka in a mildly spiced sauce with cream cheese and spinach	£11.45
Agrar Chicken Chicken cooked in a medium spiced sauce with sliced onions, peppers and tomatoes and a dash of flaming sambuca	£12.95
Vegetable Delhi Mixed vegetables and mushrooms cooked in the chef's special thick gravy sauce	£10.95
Panir Vegetable Jalfrezi Indian cheese cooked with sliced onions and peppers and green chillies	£10.95

Balti Dishes

Served with a nan bread, these dishes are richly spiced in a thick slightly tangy sauce.

Ask to add extra garlic or chillies

Balti Vegetables	£8.45
Balti Chicken or Lamb	£10.95
Balti Chicken or Lamb Tikka	£11.95
Balti Chicken or Lamb Tikka Jalfrezi	£11.95
Balti Prawn	£11.95
Balti King Prawn Jalfrezi	£14.95
Balti King Prawn	£14.95
Special Mix Balti Chicken, lamb and prawn	£12.95

Korai Dishes

The following dishes are cooked in medium spices with garlic and ginger, sliced onions and peppers in a thick dry sauce then served on a sizzling korai dish. **Ask to add extra garlic or chillies**

Korai Vegetables	£7.45
Korai Chicken or Lamb Tikka	£9.95
Korai Prawn	£9.95
Korai King Prawn	£12.95

Biryani Dishes

Stirr-fried dishes in a blend of spices & herbs with pilau rice. Served with vegetable curry	
Vegetable Biryani	£9.95
Chicken or Lamb Biryani	£11.95
Chicken or Lamb Tikka Biryani	£12.95
Prawn Biryani	£12.95
King Prawn Biryani	£14.95
Special Mix Biryani	£12.95
Chicken or Lamb Khyber Biryani Our special unique style of biryani served with any side dish of your choice	£12.95